

# Basic Obedience Class Outline

Shelby Backhus

402-441-4490

[animalbehavior@capitalhumanesociety.org](mailto:animalbehavior@capitalhumanesociety.org)

- This is a basic dog obedience class for dogs 6 months or older. This class introduces how you and your dog can become a team on the road of life.
- This 5 week class will be held at the Pieloch Pet Adoption Center from 6 to 7 pm on Tuesday nights. The class is \$60 + tax.
- Objectives:
  - Learning basic commands like sit, down, come, and stay
  - Teaching 'leave it'
  - Loose leash walking
  - Transitioning your dog from an excited state to a calm state – Red light green light
- Please DO NOT let your dogs interact with each other! This only creates frustration and tension in the dogs and is asking for trouble. If every handler focuses on their own dog and maintaining their dog's attention, the class will go smoother. If this is a difficult task for you and your dog, don't worry that is what class is for. Just keep your space from other dogs until you get the hang of things.
- Please be on time. Our class time is limited and should be used efficiently.
- Training equipment:
  - A collar your dog cannot back out of.
  - A 4 to 6 foot training leash (leather or nylon). PLEASE NO RETRACTABLE LEASHES!
  - High value treats. Make sure your dog is interested in them! (There are a variety of dry and moist treats you could try. You could also use string cheese!)
- Family members are always welcome to come to class, and please have a supervisor for all children. Training a dog to be a part of the family takes the effort of the whole family.
- Please be respectful of other people's training space.

#### WEEK 1:

- Introductions → What are people looking to work on?
- Proper leash holding/equipment use and how dogs learn
- Teach sit and down
- Introduce leave it

#### WEEK 2:

- Review / What problems did you have this week?
- Sit and down / Puppy Push Ups
- Review leave it
- Introduce scoot/back up
- Introduce stay
- Teach come

#### WEEK 3:

- Review / What problems did you have this week?
- Introduced red light, green light
- Review leave it
- Review scoot/back up
- Review stay and increase time
- Review come
- Introduced heeling/loose leash walking

#### WEEK 4:

- Review / What problems did you have this week?
- Pick a warm up
- Review scoot/back up
- Review timed stay and introduce distance stay
- Review leave it and introduced how to move on
- Review come and add sit
- Work on loose leash walking

#### WEEK 5:

- Pick a warm up
- Review leave it and ask how moving on is going
- Work on all 3 types of stay
- Review come and introduce bunny hop come
- Review scoot/back up
- Practice heeling patterns/figure 8s
- Any final questions? Talk about further training opportunities